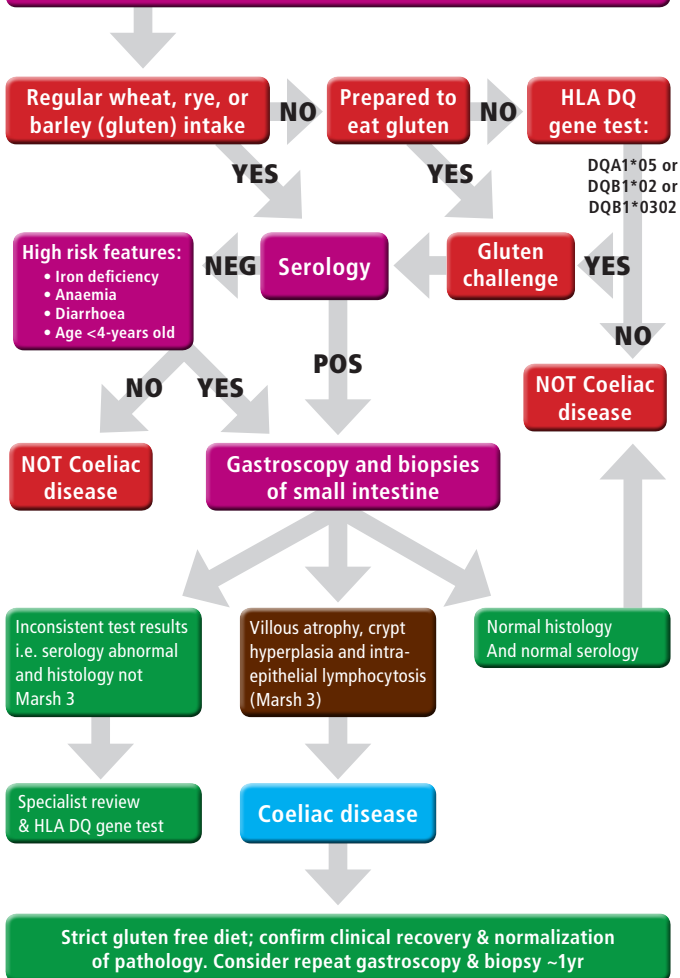


# INCREASED RISK OF COELIAC DISEASE?



# COELIAC DISEASE crf

Coeliac  
Research Fund

Affects up to 1% of the community, mostly (but not exclusively)  
Caucasians, Middle Eastern and West Asians (Indian/Pakistani)

Age of presentation: 6 months to 90+ years

## Diagnose

Test children and adults with:

- Iron deficiency and anaemia
- Osteoporosis
- Recurrent abdominal pain, diarrhoea and weight loss
- Liver disease: elevated transaminases
- Peripheral arthritis
- Mouth ulcers
- Insulin-treated diabetes
- Chronic fatigue
- Headaches
- Infertility
- In children: developmental delay, short stature
- Coeliac disease in a first degree relative

## Test

Transglutaminase IgA + Total IgA

Deamidated gliadin peptide IgA & IgG

Blood tests do not confirm  
coeliac disease

Blood tests detect >90% untreated  
coeliac disease if gluten regularly eaten

HLA DQ gene test can exclude  
coeliac disease even when  
gluten not eaten

Gastroscopy with biopsy  
of small intestine is  
mandatory to diagnose  
coeliac disease



**TheCoeliacSociety**

### WANT TO KNOW MORE?

[www.coeliacresearchfund.org](http://www.coeliacresearchfund.org)

Ph. 1300 990 273 or

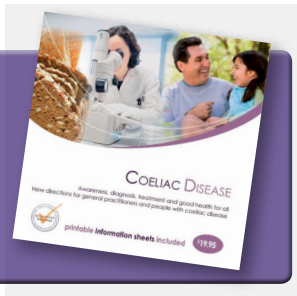
CME-accredited Interactive CD-ROM from

[info@coeliacresearchfund.org](mailto:info@coeliacresearchfund.org) or

[info@coelaicsociety.com.au](mailto:info@coelaicsociety.com.au) or

[coeliac@xtra.co.nz](mailto:coeliac@xtra.co.nz)

Free for medical practitioners



This is a CRF initiative in conjunction with The Coeliac Society

For support of diagnosed patients, contact The Coeliac Society

**1300 458 836**

[www.coeliacsociety.com.au](http://www.coeliacsociety.com.au)

**1300 990 273**

[www.coeliacresearchfund.org](http://www.coeliacresearchfund.org)